

# CHESTERBROOK SWIMMING AND TENNIS CLUB, INC.

## RULES AND REGULATIONS (Revised July 1, 2007)

The following rules and regulations are for the mutual enjoyment and safety of members and guests. It is the responsibility of each member to understand and abide by these rules.

### GENERAL

1. The Club Manager or his designee has the final authority to interpret and enforce Club rules. This authority includes the right to remove a member from the facilities for up to 48 hours or until the Club's officers or Board of Directors have considered the situation and rendered a decision.
2. Use of Club facilities is restricted to members and their guests in accordance with these rules, unless provided for otherwise by the Board of Directors.
3. The Club is not responsible for any accident or injury in connection with the use of the pool. Persons using the grounds do so at their own risk and agree to abide by the following:
  - Glass is prohibited on *all pool decks* (including the deck of the wading pool, the lower pool, and the upper pool), in the snack bar area, and on the tennis courts
  - Alcohol consumption by persons under the age of 21 is prohibited
  - Animals are not allowed
  - Trash must be placed in designated containers
  - Parking is restricted to marked areas
  - Persons under the influence of drugs or alcohol are prohibited
  - Use of profane or abusive language is prohibited
  - Playing of radios or other sound equipment is prohibited
  - Air guns, knives and other weapons are prohibited
4. Children under the age of eight are allowed **only** if they are supervised by a person age 13 or older.
5. The Club is not responsible for loss or damage to personal property. Lockers are provided for the convenience of members.
6. A lost-and-found service is provided, but articles may be disposed of after two weeks.
7. Members will be assessed for deliberate property damage and may have privileges suspended until restitution is made.
8. The Club phone is restricted to incoming calls.
9. All members and sponsored guests are required to sign in at the front desk. Access to the pool and tennis courts for members and their guests may be denied without photo identification.

### SWIMMING POOLS

1. Upper and lower pool hours:
  - Prior to Fairfax County school summer recess:  
Weekdays: 1 PM – 8 PM; Saturday & Sunday: Noon – 8 PM
  - Summer hours after Fairfax County school recess:  
Monday - Saturday 12 noon-9 PM (Note: lower pool closes at 8:30 PM)

Sunday, holidays                      12 noon-8 PM

2. Wading pool hours:

Monday - Saturday            10 AM-9 PM  
Sunday, holidays                12 Noon-8 PM

Note: if there is a home swim meet or swim lessons, the wading pool will open at 11:45 AM

3. The Manager or his designee may close one or more pools due to conditions caused by weather, sanitation or equipment.

4. Extended hours may be adopted due to hot, humid weather or for scheduled special events.

5. Use of aquatic shoes (commonly referred to as pool shoes) is permitted in the pools and on the pool deck. Such footwear is NOT permitted on grass, in the volleyball pit or in other areas outside of the pools or immediate deck area.

6. Pool toys are restricted to the wading pool, except during scheduled special events. Dive sticks are not allowed in any of the pools. Flotation devices and "floaties" are not permitted in the upper and lower pools.

7. Dangerous activities and rough horseplay are prohibited.

#### **LAP SWIMMING**

1. During regular pool hours, at least one lap swimming lane shall be open in the upper pool. An additional lane may be added if demand exists.

2. Six lanes will be open in the lower pool after 6 PM each day, unless a special event is scheduled. Lanes will also be available from opening until 6 PM, depending on demand, at the discretion of the pool manager (with the exception of times noted in 3 and 4 below).

3. From Opening Day until the swim team begins full morning practice (after Fairfax and Arlington public school systems have closed), the lower pool will be reserved for the swim team from 4 PM to 6 PM, Monday through Friday.

4. After the swim team begins full morning practice, the team will be permitted to schedule the use of up to three lanes of the lower pool from 4 PM to 6 PM Monday through Friday.

5. After 6 PM only adults may use the lower pool lap lanes. Adults and younger members may use the lap lanes in the upper pool.

6. The Manager may designate additional hours for lap lanes if demand exists.

#### **DIVING BOARD AND SLIDE**

1. Diving is permitted only in designated areas.

2. Divers must wait for the previous diver to clear the area before stepping onto the board.

3. Only one person is permitted on a diving board at a time.

4. Dives may be in a forward direction only.

5. Excessive bouncing is not permitted.
6. The slide may be used by only one person at a time and only in a forward, sitting position.
7. Users may not climb the slide ladder until the previous person has entered the water.
8. Catching persons at the base of the slide is not permitted.
9. Lifeguards may close the slide if pool crowding presents a safety concern for other swimmers.
10. Goggles are not permitted when using the diving boards and slide.

### **SOCIAL, EATING AND DRINKING**

1. Consumption of food is restricted to the snack bar area, pump-house decks, and picnic areas, except during special Club activities that have been approved by the Board of Directors.
2. Alcohol consumption is restricted to the pump house decks and to the picnic areas, with the exception of special Club activities approved by the Board of Directors. These activities include the Adult Party, the Family Party, Swim Team Pasta Parties, the Swim Team Auction, and the End of Season Team Award Parties.
3. The picnic areas and pump house decks may be reserved for parties or other activities.
4. Fees for parties will be set by the Board and Manager to reflect any increased costs due to extra personnel.
5. The snack bar is generally open during pool hours until 6:30 PM. Requests to stock particular items should be directed to the Club Manager.

### **GUESTS**

1. Guests at either the pool or tennis courts must be accompanied by a member and must pay the proper guest fee.
2. Child care providers who do not reside in the same household as the member can only use the facilities when caring for the member's children.
3. Guest fees are established by the Board of Directors and are posted at the front desk.

### **CHILDREN'S USE OF FACILITIES**

1. Children in diapers must wear protective, snug-fitting pants and are restricted to the wading pool.
2. Children using the upper and lower pools must be toilet-trained and must be accompanied at all times by a responsible person at least 13 years old.
3. Use of the wading pool is restricted to children under seven years of age; such children must at all times be accompanied by, and are the responsibility of, a parent or designated care provider.
4. Minors (under age 16) are the sole responsibility of parents or guardians and are not the responsibility of the pool.

5. The upper and lower pools will be cleared of minors (under age 16) for 15 minutes each hour until 6 PM. At the discretion of the pool manager, breaks may also be called after 6 PM, based on pool crowding.
6. Children under 13 years of age are not permitted in the pool premises after 5:30 PM unless accompanied by, and under the supervision of, a person 16 years of age or older.

#### **HEALTH AND SAFETY**

1. Everyone using the pools is required to take a shower with soap and water before entering the pool.
2. Persons with communicable diseases, open lesions, colds, inflamed eyes, nasal or ear discharges, etc., are not permitted to use the pools.
3. Use of the pools while wearing bandages (including Band-Aids) is prohibited.
4. Spitting, spouting of water, etc. in the pools is prohibited.
5. Cigarettes and cigars must be extinguished only in containers provided for this purpose.
6. Everyone must stay clear of lifeguard stations.
7. Foot showers must be used by everyone reentering the pool from non-deck areas.

#### **TENNIS COURTS**

1. The use of the courts is regulated by the Club Manager, the Pro, or their authorized designee under procedures established by the Tennis Representative(s). Courts will be used for tennis only.
2. Use of the courts is restricted to members and their paid guests at all times. During the summer swim season, guest fees must be paid at the front desk before play. All players will identify themselves as a member or guest upon request.
3. Good conduct and sportsmanship are expected. Proper tennis attire, including tennis shoes, is required at all times.
4. From April 1 to October 31 of each year, tennis court reservations may be made in accordance with posted regulations. Names of all players must be entered on the sign-up sheet. Players may sign up for only one reservation at a time. Once that reservation is played, another reservation may be made. Between November 1 and March 31, court use is on a first-come, first-served basis.
5. Reservations may be forfeited unless players arrive within 10 minutes of their scheduled time.
6. Juniors (age 15 and under) may reserve courts only until 5 PM on weekdays. On weekends, holidays, and after 5 PM juniors may reserve courts only for play with an adult member.
7. There shall be a one-hour limit on the use of the courts for singles and 1 1/2 hours for doubles even when the reservation system is not in effect.
8. Courts and times will be designated exclusively for men's and women's open tennis. These times are intended for informal unstructured play. Players are requested to rotate into and out of play.

9. For Club activities such as tournaments, matches, coaching, lessons, and exclusive open tennis, court times may be pre-reserved, in accordance with contract stipulations and Board policy. These priority activities take precedence over individual reservations. Advance notice will be posted with the tennis sign-up sheet.

10. Players and their guests are expected to keep the courts clean and free of debris.

11. Courts are to be kept locked when not in use by members. Keys are loaned to Club members for their convenience and are not to be duplicated.

12. All equipment is the property of the Club. Deficiencies in that property should be reported to the Tennis Representatives or the Board of Directors.