

Splash & Smash!

Chesterbrook Swimming & Tennis Club, Inc.
1812 Kirby Road
PO Box 494
McLean, VA 22101

Pool Phone: 703 356-4471
Pay Phone: 703 821-9896

Membership Hotline: 703 241-8508

April, 2001

From the President . . .

Dear Members,

With signs of spring popping up everywhere the opening of our summer season isn't far away. You will be happy to know that all of the board members have been busy planning and working over the winter months to improve our facilities and get ready for what will be a great summer. The pool will be opening on Memorial Day weekend.

Mike Duffner our respected and hard working manager will be returning to head a great staff this season. Under Mike the kids learn the art of hard work and to take pride in what they do. The swimming, dive, and tennis programs are ready for another challenging season. Social will have many wonderful activities, including the ever-popular T.G.I.F.

John Abood has put in many long hours with maintenance, trying to get everything ready for opening day.

We look forward to meeting all the new members and greeting old friends. See you on a sunny Memorial Day weekend.

Ann Ney

Check our new website at
www.chesterbrookclub.com
(available early May)

Who's Who On The Board Of Directors

Ann Ney, President	703-442-9257
Hunter Moore, Vice President	703-534-1744
Janine Andriole, Treasurer	703-848-2682
Penny Kennedy, Secretary	703-536-3976
Francine Macdonald, Membership	703-241-8508
Craig Kramer, Swimming	703-276-8159
Gretchen Welch, Swimming	703-534-1419
Kim Ward, Diving	703-248-0878
Patrice Herring, Tennis	703-827-8539
Mark Ruge, Tennis	703-893-9456
Barbara Hightower, Social	703-532-6493
Julie Avis, Social	703-536-3893
John Abood, Maintenance	703-827-0754

Summer 2001

**CHESTERBROOK SWIM AND
TENNIS CLUB IS OPENING
MEMORIAL DAY WEEKEND**

SATURDAY MAY 26th

Membership

Full members who haven't paid their 2001 dues should call the Membership Hotline (703-241-8508) immediately and leave a message explaining why they haven't paid. Please remember that a full member who doesn't pay by March 15th must include a penalty of 25% with their dues.

As of April 17, 2001 all of our summer memberships are filled up. Summer members who wish to be full members will be contacted when their name comes up. Currently, it is taking up to two years before a summer member is offered a full membership. If you know of a family who wants a summer membership next year, please have them call the Membership Hotline (703-241-8508) or send an e-mail to ChesterbrookMemb@aol.com NOT BEFORE JANUARY 15, 2002. The waiting list fills up very quickly, and by the 18th, it can be too late. Unfortunately, we cannot retain the waiting list from year to year, so let them know to call again next year.

As in the previous years, the membership database is used by the front desk attendants to determine admission to the pool. The date of birth for child care providers is required information for identification purposes at the front desk. Please notify us of any change or addition to your membership information, otherwise, guest fees may apply. Any updates to the database during the year can be sent via email to ChesterbrookMemb@aol.com or left on the Membership hotline at (703) 241-8508.

To protect your privacy, we have allowed you to restrict the publication of your information in the membership directory. If you checked the box (Do NOT publish) on the remittance form or membership application, you will NOT be listed in the membership directory. If it's only your phone number that you do not want to publish, we can accommodate this by special request, e.g. for unlisted phone numbers. The published information will include names, address, phone number and names of household members only. Let us know if you want us to change your publishing restriction before we print the directory in May.

You now have two ways to reach us: call the hotline at 703-241-8508 and leave a message, or send an email to ChesterbrookMemb@aol.com. In the summer, you can also leave messages at the pool. Please include your membership number in all correspondence. Thank you.

Francine Macdonald



Social

This summer we are planning a variety of events to keep our members entertained. As usual we will have activities for children, adults and the whole family.

For some at Chesterbrook pool summer Fridays just wouldn't feel right without our TGIF to start off the weekend. They are held from 6:30 to 8:30 each Friday starting mid-June. Beer and wine are provided for a nominal donation and guests usually bring hors d'oeuvres to share. New members are particularly encouraged to join us. It's a great way to meet other members and get to know what's going on at the pool.

For the children we are planning to hold three raft parties this summer. Kids get to bring their own rafts and have fun in the upper pool. Food and drink are served during the pool breaks. Raft parties are very popular and for safety reasons we must limit numbers to 50. Make sure you look out for the sign up sheets at the front desk. Our first raft party will be in mid June when school lets out.

A more sedate affair is our Sunday morning brunch, which is just for the adults. These take place every Sunday from 11:00am to 12 noon. You are invited to swim, lounge on one of our rafts in the upper pool, or just enjoy the complimentary coffee, orange juice and breakfast goodies that are served.

Our family party will be held this year on Saturday, July 14th. We will have great food, music, and entertainment provided by our wonderfully resourceful lifeguards. The parties are a great occasion for all ages to get together and have a fun time.

One new event we are planning for this year is a barbecue at our July 4th celebrations. This will be a fund-raiser to help keep the cost of our social activities down. Please come along and support us.

As you can imagine many of the social activities take a lot of work and planning. If you can spare some time, or you have any ideas for more social activities we'd love to hear from you. We are especially looking for assistance with the family party and the July 4th barbecue. Please call us if you can help.

Looking forward to a great summer

Julie Avis (Tel: 703 536 3893)
Barbara Hightower (Tel: 703 532 6493)

Maintenance

What happens at the pool during the winter months while you are waiting for warmer weather and opening day? Well, there are at least two major activities related to maintenance. First we have the usual spring tasks to get the pool ready for the summer. We schedule the standard pool drainage, cleaning, filter service and refill. Then there's the walk-through: identifying other items that require repair or maintenance after a few years of wear and tear. After a couple of walks around the pool with the manager, Mr. Duffner, certain items are spotted that need repair, replacement or touching up.

Here's what's approved for repair this spring: part of the deck on the west side of the lower pool will be replaced. This old section of the deck is cracked and some of it is significantly lower or higher than the deck sections around it. Many areas of the deck "spray" surface on the patio, wading pool and lower pump-house deck surfaces will also be repaired. Some of these areas are worn away and don't look so hot. The new surface will be so attractive, by contrast, it'll be sure to draw barefoot dancers at the

social events. Next on the list: replacing the coping stones that are cracking and breaking at the edge of the upper pool. Some of the deck joints will be re-caulked and any pits in the deck surface will be repaired. Finally, the lower pool filter system requires some handyman efforts. Work will begin in April and completed by early May.

During the winter our lawn tractor was found burning. A short in one of its wires may have caused the fire to ignite. Mr. Duffner and I are looking at replacement lawn tractors. I'm working with our insurance agent to recover the cost of the equipment. We hope to have a new tractor soon.

And speaking of NEW, returning members will be sure to notice all the changes to the Club House this summer. After reviewing last year's survey, it was decided the women's locker room needed a major face lift. This will include new lockers, sinks, counters, faucets, flooring and a fresh coat of paint throughout. The snack bar will also receive a new glass block window to brighten that spot and a ceiling fan to cool things down.

Finally, through helping my wife Marian with the club's social activities over the last few years, I know first hand how hard the members of the board of directors work to bring you an excellent neighborhood pool. This year is no exception. This board is working toward making this year an exceptional experience for all our members. I can't wait for opening day!

John Abood



Opening Day at the Pool is Saturday, May 26th

Sunday Brunch (Adults): 11 AM --12 Noon
Weekdays:

Baby Pool:	1 PM – 7 PM
Lower Pool:	1 PM – 7 PM
Upper Pool:	3 PM – 7 PM

Until school ends (May 26 – June 19):

Saturday & Sunday:	12 Noon – 8 PM
Sunday Brunch (Adults):	11 AM – 12 Noon
Weekdays:	1 PM – 8 PM

Starting June 20th, the Club will be open:

Saturdays

Baby Pool	Opens at 10 AM (if no home swim meet)
Large Pools	12 Noon – 9 PM

Sundays

Baby & Upper Pools	12 Noon – 8 PM
Lower Pool (Adult Brunch)	11 AM – 12 Noon

Weekdays

Baby Pool: (Exception)	10 AM – 9 PM (Opens at 11:45 if group swim lessons)
Lap Pool	12 Noon – 8:30 PM
Upper Pool (Exception)	12 Noon – 9PM (Upper pool closed during home dive meets –Tuesday evenings)

Lap Lanes

Lower pool lanes are for adults only (16 and over) and will be open per the following schedule:

All Lanes:	12 Noon – 2PM and 5 PM – 8:30 PM*
2-3 Lanes:	2 PM – 5 PM
Sundays (adults only)	11 AM – Noon
School Hours:	1 PM – 3:30 PM 6 PM – 8 PM

*At Manager's discretion.

Upper Pool: One lane will be open at all times with no usage restriction. Note that all lap lanes in the upper pool will be closed during diving meets (usually Tuesday evenings). No flotation aids or water toys are allowed in the large pools at any time.

INAUGURAL CHESTERBROOK TRIATHLON

Last year was the marathon, this year it's the Triathlon. Many Chesterbrook members exercise in many ways, not just swimming. Some of them don't even swim (Madame Secretary)! We're planning on teams of 8 adults (no swim team members, please) who will keep track of their progress when swimming, running or cycling (treadmills and exercise cycles will count!) We'll count minutes of activity (without asking how fast you were going), and record them in a log book at the pool. The Triathlon will run from July 1st to August 11th, ending with a celebration at one of the August TGIF's or Sunday Brunches.

There will be a maximum number of minutes per day (higher on weekends) and bonus minutes for special activities (TBA). Watch for signs at the pool in June, and more information in the June/July newsletter at the pool. In the meantime, find a captain, a team name and form your team.

For more information, contact Francine Macdonald via email at fmacdonald@aol.com.



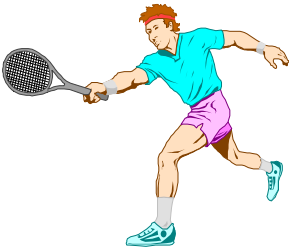
Summer Jobs

We need lifeguards, and reliable people to work at the snack bar and as front desk attendants.

Please contact:

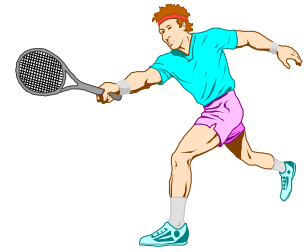
Hunter Moore
3605 N Albemarle St
Arlington, VA. 22207
703-534-1744

E-mail huntermoo@aol.com



Tennis

CHESTERBROOK TENNIS PROGRAM Summer 2001



We are excited about this summer's tennis program and invite all members to join in the fun. We have tennis programs for all levels of play. So whether you are a beginner, a rusty high school/college level, a recreational or tournament level player, please come meet our pros and participate in our programs.

We are very pleased to announce that Christian Canepa will return as the Head Tennis Pro. His enthusiasm and energy are an asset to the club's program. We extend a warm welcome to Christophe Nougney as the Assistant Pro this season. Christophe will assist Christian with the junior team and tennis clinics.

2001 TENNIS COMMITTEE:

Position	Name	Phone
Tennis representatives	Patrice Herring	703-827-8539
	Mark Ruge	703-893-9456
Men's Day (A) Captain	Roy Lavick	703-533-0585
Men's Evening (B) Captain	Craig Annear	703-734-3043
Women's Evening (B) Captain	Denise Calvert	703-522-2550
Mixed Doubles Captain	Judy Holland	703-827-5005
Junior Program Reps	Susan Cole	703-534-2286
	Patrice Herring	703-827-8539
	Lauren Murray	703-734-4925

ADULT TENNIS

League Tennis:

Chesterbrook has 1 Women's team, 2 Men's teams and 1 Mixed Doubles team that participate in league competition. Below is the schedule for these teams. If you are interested in participating, please contact the appropriate captain.

League	Day	Time	Level	Captain	Phone #
Men's A	Saturday	AM	4.0-5.0	Roy Lavick	703-533-0585
Men's B	Wednesday	PM	3.0-4.0	Craig Annear	703-734-3043
Women's B	Monday	PM	3.0-4.0	Denise Calvert	703-522-2550
Mixed Doubles	Friday	PM	3.0-4.5	Judy Holland	703-827-5005

Adult League competition begins the week of May 1st. Team practices begin 2 weeks earlier, the week of April 16th. The men's practices are on Monday evenings from 7:00-8:30 p.m. The women's practices are scheduled for Wednesdays 11 a.m.-12:30 p.m.

Social Tennis:

Every week court time is set aside for round robin play. Anyone is welcome. There is no need to arrange for a partner. Just come and enjoy some social tennis. Courts for round robin social tennis are reserved as follows:

<u>Day</u>	<u>Time</u>	<u>Court#</u>	<u>Group</u>
Sunday	9AM-Noon	1 & 2	Men
		3	Women
Thursday	7-9:00PM	1	Men
		2	Women

JUNIOR TENNIS

New this year – Organizational meeting for Junior tennis. Come and learn about the different clinics and how the team works. **Monday, May 21 at 7:00 p.m. in the Chesterbrook Elementary School Library.**

Is your child ready for team tennis? It depends on a number of factors. It is important that juniors feel competent before they compete. They require basic tennis skills and should feel comfortable and excited about competition. What are these skills? They include the ability to serve, return serve, hit baseline shots, volley, and call lines accurately. If you are not sure if your child is ready for a competitive program, consider a clinic first. This gives your child the opportunity to develop the confidence and skills he/she needs to have a positive competitive experience. Registration for the tennis team is ongoing. If juniors develop during the summer they can join the team at any point during the season.

Junior Tennis Team:

The junior tennis team practices focus on rules, strategy and competition. Basic technical ability and comprehension of the rules is required to participate on the team. Lessons and team participation are not mutually exclusive. If you want your child to develop as a tennis player, consider both. Registration for the season is \$25.00. Team T-Shirts are \$15.00. Please complete the enclosed form and mail it to Patrice Herring 6054 Sugarstone Court, McLean, VA 22101. Checks should be made out to Chesterbrook Swimming and Tennis Club.

2001 Summer Schedule

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Practice	M	Practice	Practice	Practice
3:00	12 and under	A	12 and under	12 and under	12 and under
4:00	13-14 year olds	T	13-14 year olds	13-14 year olds	13-14 yr olds
5:00	15-18 year olds	C	15-18 year olds	15-18 year olds	15-18 yr olds
		H			

Junior practices begin on June 4th. Pre-season practices are scheduled on M/W/F from 4 p.m. to 6 p.m.(all ages).

Developmental Programs:

As in previous seasons, Christian offers a wide range of clinics for all ages and levels. Christian is available for private lessons throughout the tennis season. As Head Pro, Christian charges \$40.00/ hour for a private lesson. A discounted package of 5 lessons is available for \$160. Adult clinics may be arranged if members are interested. Please call Christian at 703-476-0690. Chesterbrook's children's programs are summarized in this issue of the *Splash and Smash*. To register send a check payable to Christian Canepa, and the registration form to:

Christian Canepa
11649 Stone View Square #2B
Reston, VA 20191

Court Rules and Regulations:

Again, this year a few reminders:

- A court may be reserved for singles for 1 hour and for doubles for 1-1/2 hours. Only one reservation may be made at a time. Once a reservation time has been played, another may be scheduled.
- Keys may be purchased for \$3.00 from Mark Ruge (703-893-9456)).
- Please, close the gate after you leave the court and turn off the lights after you finish playing at night.
- Keep the courts clean; throw away your trash.
- Shirts must be worn at all times.
- No rollerblading or skateboarding on the courts.
- Only tennis shoes that don't leave marks should be worn on the courts.
- The guest fee is \$5.00 and is payable at the Clubhouse.

Tennis Updates:

Please keep this issue of the Splash & Smash handy since it contains detailed information about all of the tennis programs. Also check the gazebo regularly for announcements. Sign up sheets for reserving court time and for all tournaments will be located there.

Adult league:

Competition begins the week of May 1st. Team practices start the week of **April 16th**. The men's practices are on **Monday evenings from 7-8:30pm**. Women's practices are scheduled on **Wed. 11am-12:30pm**.

Junior team practice begins on **June 4th**. Practices are scheduled on **Mon/Wed/Fri. from 4-6:00, until school ends**.

TENNIS CLINICS

Peewee Tennis sessions are classes which allow the youngest to enjoy getting to know tennis. Special teaching tools like mini racquets, foam balls and teaching tethers are used to create a fun environment. Space is limited & includes four 30 min. sessions for \$35. 3-5 years of age recommended. All classes will run Mon/Tues/Thur/Fri.

PW1. 4/2-4/6 : 1:30-2:00
PW2. 4/2-4/6 : 2:00-2:30
PW3. 4/2-4/6 : 2:30-3:00
PW4. 4/9-4/13 : 1:30-2:00
PW5. 4/9-4/13 : 2:00-2:30
PW6. 4/9-4/13 : 2:30-3:00
PW7. 4/16-4/20 : 1:30-2:00
PW8. 4/16-4/20 : 2:00-2:30
PW9. 4/16-4/20 : 2:30-3:00
PW10. 4/23-4/27 : 1:30-2:00
PW11. 4/23-4/27 : 2:00-2:30
PW12. 4/23-4/27 : 2:30-3:00
PW13. 5/7-5/11 : 1:30-2:00
PW14. 5/7-5/11 : 2:00-2:30
PW15. 5/7-5/11 : 2:30-3:00
PW16. 5/14-5/18 : 1:30-2:00
PW17. 5/14-5/18 : 2:00-2:30
PW18. 5/14-5/18 : 2:30-3:00
PW19. 5/21-5/25 : 1:30-2:

PW20. 5/21-5/25 : 2:00-2:30
PW21. 5/21-5/25 : 2:30- 3:00
PW22. 5/28-6/1 : 1:30-2:00
PW23. 5/28-6/1 : 2:00-2:30
PW24. 5/28-6/1 : 2:30-3:00
PW25. 6/4-6/8 : 1:30-2:00
PW26. 6/4-6/8 : 2:00-2:30
PW27. 6/4-6/8 : 2:30-3:00
PW28. 6/11-6/15 : 1:30-2:30
PW29. 6/11-6/15 : 2:00-2:30

Tiny Tots Tennis is a step above peewee tennis and will focus more on the fundamentals. 5-7 year olds are recommended. Space is limited & includes four 30 min. sessions for \$35. All classes will run Mon/Tues/Thurs./Fri.

TT1. 4/2-4/6 : 3-3:30
TT2. 4/2-4/6 : 3:30-4:00
TT3. 4/2-4/6 : 4-4:30
TT4. 4/9-4/13 : 3-3:30
TT5. 4/9-4/13 : 3:30-4:00
TT6. 4/9-4/13 : 4-4:30
TT7. 4/16-4/20 : 3-3:30
TT8. 4/16-4/20 : 3:30-4:00
TT9. 4/16-4/20 : 4-4:30
TT10. 4/23-4/27 : 3-3:30

- TT11.** 4/23-4/27 : 3:30-4:00
- TT12.** 4/23-4/27 : 4-4:30
- TT13.** 5/7-5/11 : 3-3:30
- TT14.** 5/7-5/11 : 3:30-4:00
- TT15.** 5/7-5/11 : 4-4:30
- TT16.** 5/14-5/18 : 3-3:30
- TT17.** 5/14-5/18 : 3:30-4:00
- TT18.** 5/14-5/18 : 4-4:30
- TT19.** 5/21-5/25 : 3-3:30
- TT20.** 5/21-5/25 : 3:30-4:00
- TT21.** 5/21-5/25 : 4-4:30
- TT22.** 5/28-6/1 : 3-3:30
- TT23.** 5/28-6/1 : 3:30-4:00
- TT24.** 5/28-6/1 : 4-4:30
- TT25.** 6/4-6/8 : 3-3:30
- TT26.** 6/4-6/8 : 3:30-4:00
- TT27.** 6/11-6/15 : 3-3:30
- TT28.** 6/11-6/15 : 3:30-4:00

Tiny Tot Camps is a step above tiny tots. Sessions are longer and a little more intense. Space is limited and includes four 45 min. sessions for \$40. Classes run Mon/Tues/Thur/Fri.

- TTC1.** 6/18-6/22 : 2-2:45
- TTC2.** 6/25-6/29 : 2-2:45
- TTC3.** 7/2-7/6 : 2:15-3:00
- TTC4.** 7/9-7/13 : 2-2:45
- TTC5.** 7/16-7/20 : 2-2:45
- TTC6.** 7/23-7/27 : 2-2:45

Beginner Tennis offers a fun and exciting program for your child. Fundamentals and some strategy will be focused on. Space is limited and includes four 45 min. sessions for \$40. Classes run Mon/Tues/Thur/Fri.

- BT1.** 4/2-4/6 : 4:30-5:15
- BT2.** 4/2-4/6 : 5:15-6:00
- BT3.** 4/9-4/13 : 4:30-5:15
- BT4.** 4/9-4/13 : 5:15-6:00
- BT5.** 4/16-4/20 : 4:30-5:15
- BT6.** 4/16-4/20 : 5:15-6:00
- BT7.** 4/23-4/27 : 4:30-5:15
- BT8.** 4/23-4/27 : 5:15-6:00
- BT9.** 5/7-5/11 : 4:30-5:15
- BT10.** 5/7-5/11 : 5:15-6:00
- BT11.** 5/14-5/18 : 4:30-5:15
- BT12.** 5/14-5/18 : 5:15-6:00
- BT13.** 5/21-5/25 : 4:30-5:15
- BT14.** 5/21-5/25 : 5:15-6:00
- BT15.** 5/28-5/31 : 4:30-5:15
- BT16.** 5/28-5/31 : 5:15-6:00

Junior Development camp is for all youth players ages 8-14. It is designed for students to focus on stroke mechanics and students to focus on stroke mechanics and Four 1.5 hour sessions for \$55. Classes run Mon/Tues/Thur/Fri.

- JDC1.** 6/25-6/29 : 9:30-11:00
- JDC2.** 6/25-6/29 : 11-12:30
- JDC3.** 7/2-7/6 : 9:30-11:00
- JDC4.** 7/2-7/6 : 11-12:30
- JDC5.** 7/9-7/13 : 9:30-11:00
- JDC6.** 7/9-7/13 : 11-12:30
- JDC7.** 7/16-7/20 : 9:30-11:00
- JDC8.** 7/16-7/20 : 12:30-2:00
- JDC9.** 7/23-7/27 : 9:30-11:00
- JDC10.** 7/23-7/27 : 12:30-2:00
- JDC11.** 8/6-8/10 : 8-9:30
- JDC12.** 8/6-8/10 : 9:30-11:00
- JDC13.** 8/13-8/17 : 8-9:30
- JDC14.** 8/13-8/17 : 11-12:30
- JDC15.** 8/20-8/24 : 8-9:30
- JDC16.** 8/20-8/24 : 11-12:30
- JDC17.** 8/27-8/31 : 8-9:30
- JDC18.** 8/27-8/31 : 11-12:30

Advanced Junior Camp is for experienced players from the ages of 10-16 who want to master their stroke and game strategy. Space is limited and includes four 1.5 hour sessions for \$55. Classes run Mon/Tues/Thurs/Fri.

- AJC1.** 6/25-6/29 : 8-9:30
- AJC2.** 6/25-6/29 : 12:30-2:00
- AJC3.** 7/2-7/6 : 8-9:30
- AJC4.** 7/2-7/6 : 12:30-2:00
- AJC5.** 7/9-7/13 : 8-9:30
- AJC6.** 7/9-7/13 : 12:30-2:00
- AJC7.** 7/16-7/20 : 8-9:30
- AJC8.** 7/16-7/20 : 11-12:30
- AJC9.** 7/23-7/27 : 8-9:30
- AJC10.** 7/23-7/27 : 11-12:30
- AJC11.** 8/6-8/10 : 11-12:30
- AJC12.** 8/6-8/10 : 12:30-2:00
- AJC13.** 8/13-8/17 : 9:30-11:00
- AJC14.** 8/13-8/17 : 12:30-2:00
- AJC15.** 8/20-8/24 : 9:30-11:00
- AJC16.** 8/27-8/31 : 9:30-11:00

Adult Clinics is for both intermediate men and women. We'll focus on stroke mechanics along with singles and doubles strategy. Space is limited and includes eight 1-hour sessions for \$100. Classes run once a week on Wed or Fri.

- Ladies Clinic1.** 4/11-5/30 : 6:30-7:30
- Men's Clinic1.** 4/11-5/30 : 7:30-8:30
- Ladies Clinic2.** 6/6-7/25 : 6:30-7:30
- Men's Clinic2.** 6/6-7/25 : 7:30-8:30
- Ladies Clinic3.** 8/1-9/19 : 6:30-7:30
- Men's Clinic3.** 8/1-9/19 : 7:30-8:30

Swim Team News

NEW SWIMMERS WELCOME! All Chesterbrook swimmers between the ages of 5 and 18 are invited to join the Tiger Sharks swim team. No previous competitive swimming experience is necessary. It's a great way for kids to have fun, get healthy exercise, improve their swimming, meet outstanding role models, and get to know the Chesterbrook community.

THE CHESTERBROOK TIGER SHARKS are looking forward to another great summer of swimming fast and having fun in 2001. The team is seeded second in the top division of the Northern Virginia Swim League after a terrific season last summer. The team has a full schedule, including Saturday morning league meets, Monday night non-league "B" meets, and a range of social events. In addition, the team's developmental program will continue its tradition of excellence in turning novice swimmers into full-fledged TigerSharks.

COACHING STAFF. We are thrilled to have an outstanding "new" coaching staff this summer, as several of our longtime swimmer-coaches have been promoted following Head Coach Jen Sympton's retirement. Rob McNeil takes the helm after almost two decades of swimming and coaching at Chesterbrook. Liz Brookhiser and Chris Kuzmuk bring another several decades of experience as Assistant Coaches. And the team's developmental program will be headed by coach Teri Harper.

ORIENTATION MEETING: Please come to meet the coaches, learn about the program, register for the summer season, and get your NEW team swim suits on **Wednesday, May 23, at 7:30 PM at Chesterbrook Elementary School, across the street from the pool.** This meeting is especially important for new families. If you can't attend the meeting, you can register by mail (see below).

SWIMMER EVALUATIONS. The Tiger Sharks divide swimmers into two groups: the regular team and the developmental program. To determine which group is best for them, new swimmers (and returning developmental program swimmers) will be evaluated on Tuesday, May 29, 4-6 p.m. and Sunday, June 3, noon-2 p.m. Children who are at least 5 years of age on January 15, 2001 are eligible for evaluation. They will be placed in the developmental program or, if they are ready, on the regular team or in a transition program to the regular team. Children not placed in these programs will be referred to swim classes or private swim instruction. Sign up for evaluations at the orientation meeting or at the pool bulletin board. Evaluation results and practice assignments will be on the bulletin board Wednesday, June 6.

DEVELOPMENTAL PROGRAM PRACTICES

May 29 & June 3: Swimmer evaluations (see above)
June 8-20: Transition swimmers only, times TBA
June 21-July 20: All developmental swimmers, daily morning practices, times TBA

REGULAR SWIM TEAM PRACTICES

May 30 through June 20 (school still in session):

M-F, 4-5 PM, ages 11 & over
5-6 PM, ages 10 & under
Sat., 8-9:30 AM, ages 11 & over
9:30-10:30 AM, ages 10 & under

June 21 through July 27:

M-F, 7-8:45 AM, ages 13 and over
8:45-9:45 AM, ages 9 to 12
9:45-10:30 AM, ages 8 and under

SWIM MEET SCHEDULE. The swim meet schedule is shown on the next page along with other important dates. Mark your calendars! Prospective swim team members should plan on swimming every weekend from June 16 through August 4.

DIVISIONAL RELAYS AT CHESTERBROOK!!! For the first time in at least a decade, and maybe in history (put it this way: Mike Duffner can't remember if it ever happened before), Chesterbrook will be hosting the Divisional Relays. That's when the teams in our division gather to compete for the right to go to the league-wide relay championships. The Divisional Relays are scheduled for the afternoon of Wednesday, July 11.

FORMULA FOR COMPETITIVE SUCCESS. If your child wants to be a competitive swimmer, there is a time-tested and simple formula for maximizing success. First, attend the team workouts, which build strength and endurance. Second, arrange individual lessons - we recommend at least one per week during the summer - to improve technique and efficiency. Individual lessons cost a little extra, but they're a good investment. Look for the lesson sign-up notebook at the pool front desk.

REGISTER BY MAIL: Swim team families who cannot attend the orientation meeting may register by mail. Just fill out the enclosed registration form and mail it along with a team dues check to Chesterbrook Swimming & Tennis Club, c/o Gretchen Welch, 5922 Autumn Drive, McLean, VA 22101. This year's dues will be \$60 for the first swimmer in a family, \$55 for the second, and \$15 for each additional swimmer from the same family (see the registration form). This is a small increase for the first swimmer in a family, but still a bargain!

TIGER SHARK T-SHIRTS!! Chesterbrook team T-shirts in an attractive new design are available for \$15. Order now for delivery at the orientation meeting (or at the pool if you miss the meeting). Just fill out the order blank on the registration form and mail it in with your dues check, adding \$15 for each shirt.

FOR MORE INFORMATION on any of the topics discussed above, please contact team reps Gretchen Welch (703-534-1419, thewelchfml@aol.com) or Craig Kramer (703-276-8159, lee-kramer@erols.com).

2001 SWIM TEAM DATES TO REMEMBER

MAY	23	WED	7:30 PM	Orientation meeting, Chesterbrook ES
	29	TUE	4-6 PM	Swimmer evaluations, upper pool
	30	WED	4-5 PM 5-6 PM	Regular team, first practice, ages 11 & over Regular team, first practice, ages 10 & under
JUNE	3	SUN	Noon- 2 PM	Swimmer evaluations, upper pool
	6	WED	TBA	Swimmer evaluation results posted at pool
	8	FRI	TBA	Transition Swimmers, first practice
	13	WED	6:30-7:30 PM	Developmental Pgm parents meeting at pool
	16	SAT	9 AM 11 AM	Red-Black Time Trial Meet (regular team) Tiger Shark Car Wash Fundraiser
	21	THU	7-10:30 AM 8-10 AM	Regular team, morning practices begin Developmental Program, first practices
	23	SAT	9 AM	Home Meet vs. Vienna Woods
	25	MON	6 PM	Home "B" Meet vs. Tuckahoe
	30	SAT	9 AM	Away Meet at Overlee
JULY	2	MON	6 PM	Home "B" Meet vs. Donaldson Run
	4	WED	8:30 AM	4th of July McLean Relays
	7	SAT	9 AM	Away Meet at Little Rocky Run
	9	MON	5:30 PM	M&M Intrasquad "B" Meet
	11	WED	TBA	Divisional Relays at Chesterbrook
	12	THU	7:30 AM	Team photos (tentative)(ALL SWIMMERS)
	14	SAT	9 AM	Away Meet at Tuckahoe
	16	MON	6 PM	Away "B" Meet at Overlee
	18	WED	TBA	All-Star Relays at Woodley
	20	FRI	9 AM	Developmental Program, last practice
	21	SAT	9 AM	Home Meet vs. Fairfax Station
	23	MON	6 PM	Away "B" Meet at Tuckahoe
	28	SAT	9 AM 5:30-10 PM	Individual Divisionals at Overlee End-of-Season Party (ALL SWIMMERS)
30	MON	7-10:30 AM	Practice begins for All-Star swimmers only	
AUGUST	4	SAT	9 AM	Individual All-Stars at Wakefield Chapel

JOINT DIVE/SWIM OPEN HOUSE AT CHESTERBROOK ELEMENTARY SCHOOL

Wednesday, May 23 at 7:00 p.m.

New this year -- For the first time, we will have a jumbo, combo swim/dive meeting where you can do it all!! Plan to attend and meet the coaches, register, buy swimsuits and T-shirts, and sign-up to volunteer. Chesterbrook Elementary School is across from the pool on Kirby Rd. Dive team orientation will begin at 7:00 p.m. followed by the swim team orientation at 7:30 p.m. If you cannot make this meeting, you may register the first week of practice.

Diving Team News 2001

Chesterbrook Diving Dolphins invite all divers between the ages of 6 and 18 to join the team, either Competitive or Novice. The Competitive team will dive against other Division I teams on Tuesday nights beginning June 26. The Novice team will have several meets (which are in the process of being scheduled) during the summer. Practice sessions focus on improving skills and having FUN!!!! If you aren't sure which team is for you, come to the first practice and Dede or Chris will place you in the proper session.

Speaking of Dede and Chris! We are fortunate to have two of our coaches returning for their third year with the Dolphins. Dede Kane will continue as Head Coach with Chris Gates assisting. This year we will have four practice sessions to reduce the number of divers in each session.

Along with daily practices and meets, we will offer a "relaxed" late afternoon practice two days a week, a tie-dye party, pizza after home meets, and a "lollipop meet." We plan on having a great time, so sign up now! The \$45 per diver or \$90 per family fee covers all meets, ribbons, parties, awards, and trophies. Please note the following practice times, meet schedules, and special events. If you have any questions, please call Kim Ward at (703) 248-0878 or email kward60@aol.com.

Pre-Season Dive team practice schedule	Pre-Season: June 4 - 19
Intermediate/Senior (13 & up)	M-F 6:00 - 7:00 p.m.
Junior (11 - 12)	M-F 5:00 - 6:00 p.m.
Freshman (10 and under)	M-F 4:00 - 5:00 p.m.
Novice	M / W 4:00 - 5:00 p.m. Sat. 11:00 - noon

Regular Season: Begins June 20	Regular Season Times
All boys	11:15 - noon
Freshman Girls	10:30 - 11:15 a.m.
Junior/Int/Sr. Girls	9:30 - 10:30 a.m.
Novice	8:45 - 9:30 a.m.
Open Practice	Monday and Thurs. 3:45 - 6:00 p.m. Sat 9:30 - 11:00 a.m.

2001 Diving Schedule

Thursday	June 21	Arlington Forest - Practice Meet	at Chesterbrook
Friday	June 22	Swim/Dive/Tennis Pasta Dinner	at 6:00 p.m.
Tuesday	June 26	Tuckahoe	at Chesterbrook
Tuesday	July 3	Chesterbrook	at Orange Hunt
Tuesday	July 10	Chesterbrook	at Rolling Hills
Friday	July 13	Tie-Dye Party 5:00 p.m.	Pot-luck dinner at 6:00 p.m.
Sunday	July 15	Wally Martin Memorial 3-Meter	at Cardinal Hill
Tuesday	July 17	Truro	at Chesterbrook
Friday	July 20	Lollipop Meet	at Chesterbrook
Sunday	July 22	Crackerjack Invitational Meet	at Overlee
Tuesday	July 24	Chesterbrook	at Parliament
Sunday	July 29	Division Individual Championships	at Rolling Hills
Sunday	August 5	All-Star Meet	at Lakeview