

Splash & Smash!

Chesterbrook Swimming & Tennis Club, Inc.
PO Box 494
McLean, VA 22101-0494
Website: www.chesterbrookclub.com

Pool Phone: (703) 356-4471
Membership Hotline: (703) 241-8508
E-mail: membership@chesterbrookclub.com
April 2007



From the President....

Finally we are finished with our icy, cold winter – which means it is almost time for Chesterbrook’s season to begin. We on the Board have been busy putting together summer programs and calendars over the past few months, so in this issue of the Splash and Smash we have specific information on our various activities, including sign-up information and a detailed schedule of events. This should allow you to get your children signed up for our swim, dive and tennis programs, and to mark your calendars now for your favorite summer events! As in past years, we will be holding a combined swim/dive/tennis “Back to Pool” night on May 17 at Chesterbrook Elementary School. More information is provided in the specific team sections, but suffice it to say we hope to see interested families there!

Mike Duffner and Marie Morris, our maintenance chair, are busy working through the spring-time “punch-list” of necessary “make-ready” projects. They tell us that we plan to open the pool for the summer on May 19. Check the Chesterbrook website (www.chesterbrookclub.com) for the definitive word in early May.

Over the winter, the Board has been looking at several ways to improve our communication with you. One

is to be able to e-mail the Splash and Smash to those interested; another is to generate e-mail messages to members who desire this service in a way similar to that done by Fairfax County Public Schools. We are still in the “information-collecting” phase, so anyone with knowledge of or experience with such services is encouraged to contact either me, Candy Penn or Jim Dykstra.

Many of you have also asked about the long-discussed renovation projects. We are presently in touch with several neighboring pools who are either planning or have recently completed renovation projects for their advice on contractors, planning and cost. These exchanges should make us better informed about how best to approach this project. I will update you regularly on this process.

Gretchen Welch

Board of Directors

Gretchen Welch, President	534-1419
Candy Penn, Vice President	448-8857
Paul Hedrick, Treasurer	534-8183
Jim Dykstra, Secretary	893-2912
Maja Lee, Membership	241-8508
Marie Morris, Maintenance	917-0470
Mike Moriarty, Swimming	237-5604
Nancy Leach, Swimming	241-1109
Melissa Brown, Diving	847-4622
Julie Avis, Diving	751-0251
Murthy Kambhampaty, Tennis	241-7713
Allison Moore, Tennis	532-0039
Susan Cole, Social	534-2286
Mary Lou Spear, Social	536-2422

Opening Day at the Pool is Saturday, May 19th

Until school ends (May 19 – June 19):

Saturday & Sunday: 12 Noon – 8 PM
Sunday Brunch (Adults): 11 AM – 12 Noon
Weekdays: 1 PM – 8 PM

Starting June 20th, the Club will be open:

Saturdays

Baby Pool Opens at 10 AM
(if no home swim meet)
Large Pools 12 Noon – 9 PM

Sundays

Baby & Upper Pools 12 Noon – 8 PM
Lower Pool (Adult Brunch) 11 AM – 12 Noon

Weekdays

Baby Pool: 10 AM – 9 PM
(Exception) (Opens at 11:45 if group swim lessons)
Lap Pool 12 Noon – 8:30 PM
Upper Pool 12 Noon – 9PM
(Exception) (Upper pool closed during home Dive meets – Tuesday evenings)

Lap Lanes

Lower pool lanes are for adults only (16 and over) and will be open per the following schedule:

All Lanes: 12 Noon – 2PM and
6 PM – 8:30 PM*

2-3 Lanes: 2 PM – 6 PM

Sundays (adults only) 11 AM – Noon

School Hours: 1 PM – 3:30 PM
6 PM – 8 PM

*At Manager's discretion.

Upper Pool: One lane will be open at all times with no usage restriction. Note that all lap lanes in the upper pool will be closed during diving meets (usually Tuesday evenings). No flotation aids or water toys are allowed in the large pools at any time.

Back-to-Pool Night!

Thursday
May 17th, 2007

7:00-8:30 PM
Chesterbrook Elementary Cafeteria

Swim, Dive, and Tennis Sign-Ups

* * *

Membership Update

Thanks to everyone who mailed in a valid check and an updated remittance notice by March 15th. Your timeliness helps the club meet its cash flow responsibilities and enables us to process incoming and outgoing members by opening day.

Two noteworthy items:

Looking for a response to your question from the Chesterbrook Mail Box? Please check your spam blocker – we've had several instances of spam blockers filtering out mail from the membership@chesterbrookclub.com.

Need to add a childcare provider to your membership for the summer? Send me an email to membership@chesterbrookclub.com. Yes, you may have multiple childcare providers during the summer; however, only one at a time and you also must currently have a child.

The fastest way to have your membership question answered? Send me an email at membership@chesterbrookclub.com.

Thanks so much -- hope everyone has a great summer.
Maja Lee

Swim Team News

Tiger Sharks Eager to Try out New Shark Tank

The Chesterbrook Tiger Sharks head into their 52nd season with a brand new shark tank – deeper, wider, faster and heated to take the chill out of pre-season workouts. The summer of 2007 will be filled with fun and fast times.

It all gets started with **Back to Pool Night on Thursday, May 17, at 7:00 at Chesterbrook Elementary School.** Come say hello to new and old friends and coaches. Check out our new Tiger Shark merchandise, including our new team suit! Parents, come register your swimmers

and sign yourself up to pitch in and help make the summer swim season a success (see important new information on the registration process, below). The tennis and dive teams will also be there.

DEVELOPMENTAL PROGRAM TRY-OUTS

All children at the club are encouraged give the swim team a try. Those swimmers age 10 and under who haven't swum for Chesterbrook before must participate in a try-out. In addition, those who participated in the Developmental Program last summer must try out again in order to confirm a place on the team. These tryouts give us the opportunity to see how swimmers have progressed over the winter and to place swimmers in the right lane with the right coach this summer. Swimmers will need to demonstrate that they can swim a recognizable freestyle or backstroke for the length of the pool. The stroke doesn't need to be legal or fast!

Parents of children planning to try out for the Developmental Program should send an e-mail to TSharkRep@hotmail.com and include in the e-mail the swimmer's name, age, previous experience with Chesterbrook swim team, and any winter swim experience. Please also include in that e-mail a first and second choice from the tryout sessions listed below.

Developmental Program Tryout Sessions

MAY

6th – Sunday 11 am – 12 pm at Yorktown Pool
13th – Sunday 11 am – 12 pm at Yorktown Pool
20th – Sunday 11 am – 12 pm at Yorktown Pool

26th – Saturday 9:30 – 11 am at Chesterbrook Pool
28th – Monday 9:30 – 11 am at Chesterbrook Pool

The results of Round 1 Tryouts will be posted on Friday, June 1.

JUNE

9th – Saturday 9:30 – 11 am at Chesterbrook Pool
The results of Round 2 Tryouts will be posted on Sunday, June 10.

Also on June 10 there will be a **mandatory meeting** for all parents with swimmers in the Developmental Program. The meeting starts at 5 PM and should wrap up in about an hour.

Developmental practices will start on Tuesday, June 19. Arlington County public school students should expect to join the program on Monday, June 25.

What if my child doesn't qualify for the Developmental Program?

Youngsters who don't qualify for the program will be referred to swim lessons. The club offers a series of 2-week group lessons, and individual lessons will be available from members of the Guard staff and the Developmental Program coaching staff.

Swim Meet Schedule (scored meets in bold)

Saturday, June 16 - 8:00 am	Red/Black Meet @ Chesterbrook
Saturday, June 23 - 9:00 am	Chesterbrook @ Hamlet
Monday, June 25 - 6:00 pm	B meet vs. Arlington Forest@ Chesterbrook
Saturday, June 30 - 9:00 am	Donaldson Run @ Chesterbrook
Monday, July 2 - 6:00 pm	B meet vs. River Falls @ Chesterbrook
Saturday, July 7 - 9:00 am	Chesterbrook @ Tuckahoe
Monday, July 9 - 6:00 pm	B meet @ McLean
Wednesday, July 11 - 6:00 pm	Division 1 Relay Carnival @ Chesterbrook
Saturday, July 14 - 9:00 am	VAC @ Chesterbrook
Monday, July 16 - 6:00 pm	M & M meet (Intrasquad) @ Chesterbrook
Wednesday, July 18 - 4:30 pm	All Star Relay Carnival @ Springboard
Saturday, July 21 - 9:00 am	Chesterbrook@Overlee
Monday, July 23 - 6:00pm	B meet vs. Donaldson Run @ Chesterbrook
Saturday, July 28	Divisionals @ Overlee
Saturday, August 4	All Stars @ Wakefield Chapel

Swim Practice Schedule (before school is out)

Ages 13 and over

Monday – Friday, 3:30 – 4:30 pm
Saturday, 8 – 9:30 am

Ages 9 – 12 (regular team)

Monday – Friday, 4:30 – 5:30 pm
Saturday, 8 – 9:30 am (11 – 12's),
9:30 – 10:30 am (9 – 10's)

8 and under (regular team)

Monday – Friday, 5:15 – 6:00 pm
Saturday, 9:30 – 10:30 am

Transitional Swimmers

Begin Monday, June 4, 4:30 – 5:15 pm
Saturday, 9:30 – 10:30 am

Swim Practice Schedule (after Fairfax County Schools are out)

Ages 9 – 10 (lower pool) 7:15 – 8:15 am

Ages 8 & Under (lower pool) 8:15 – 9:00 am

Ages 11 – 12 8:45 – 9:45 am

Ages 13 & Over 9:45 – 11:15 am

Developmental Swimmers (last practice Monday, July 23)

Group 1 – 7:30 – 8:30 am

Group 2 – 8:15 – 9:15 am

**WHEN WE'RE NOT IN THE POOL,
WE'RE HAVING FUN**

Pep Rallies!

From late June through late July, we'll turn the corner from every week of practice to a weekend of Saturday and Monday meets with an all-team pep rally each Friday. Following the pep rally, the swimmers will join their families for our pasta parties, each week hosted by a different age group.

All-Team Movie!

The entire team will escape the heat and head to the movies on Friday, June 29. Details on show and location will be announced closer to the date.

Progressive Dinner!

On Saturday, July 7, Chesterbrook's senior swimmers and divers will don their finest and enjoy a moveable feast that we call the Progressive Dinner. After dessert they'll join the Club Family Party, which will already be in full swing!

Pancake Breakfast!

Pancakes will be served on Friday morning, July 20, to the entire team, once practice is finished. Divers also will join the feast as we get ready for our final showdown of the season the following day.

Auction & Parents' Night Out!

Parents will enjoy adult company at our 9th annual Swim Team Auction on Saturday, July 21.

Team Banquet & Slide Show!

Our team banquet, slide show and dance will be held on Saturday, July 28.

Parents, Your Help is Needed and Required

Yes, we're anticipating the usual great time this summer, but it takes a sizable effort by swim team parents to pull it all off. Starting this year, we're going to be a bit more organized in making sure all the parent roles are filled and filled fairly. Here's how: When you fill out the registration form, indicate which parent jobs you're willing to help out with. You'll be able to sign up for specific jobs at specific meets at Back to Pool Night and at the Parents Developmental Orientation Meeting.

A minimum of four slots are required by every parent.

Parents who choose not to specify a date or a volunteer role will be assigned roles and dates.

Parents are invited to submit registrations by email (to TSharkRep@hotmail.com), by standard mail (to Mike

Moriarty, 6032 Franklin Park Rd., McLean, Va., 22101), or at Back to Pool Night. All volunteer slots will be posted on the bath house wall by Saturday, June 16, a week before our season starts. For questions, see team Volunteer Coordinator Chris McArthur or a team rep.

BEST DRESSED TIGER SHARKS

The Tiger Shark merchandise committee has come up with fashionable offerings which will be available for swimmers and divers (tennis players too!) to purchase at Back to Pool Night and at all home swim meets. We'll also have a new suit this summer. Come to BTPN and check it out!

NAMES ON CAPS!

This summer you're going to know who's swimming in each lane for Chesterbrook because our swimmers will have their name on their cap! We are only able to offer this to families who complete their swim team registration (including parent volunteer registration) **before May 20**. We'll even offer personalized silicone caps for an additional \$20.00. Include your preference and payment with your registration. Swimmers registered after that date will still receive a team cap, but personalization will not be available.

**CHESTERBROOK COACHING:
THE 'BEST JOB IN THE WORLD'**

Coaching the Chesterbrook Tiger Sharks has been called "the best job in the world," and you won't get any arguments about that from our great set of veteran coaches and new faces ready to greet you this summer. Returning coaches include Head Coach Jenny York, back for her fifteenth season, and former Tiger Shark Jeff Linn, who will make his annual eastern migration to coach our Tiger Sharks for his second season on the coaching staff. Meanwhile, Joe Viola will draw on his considerable coaching experience in the NVSL and the local high school scene to bring a new perspective to the staff. And Colin Stuver, fresh from his first year at Mt. St. Mary's College, transitions from 12-year Tiger Shark swimmer to first-year coach.

Also coming back from the West Coast will be Alex Leach, who returns from his first year at Cal Berkeley to lead our Developmental Program. A swimmer-coach since the 2004 season, Alex will manage the program, helping our staff of swimmer coaches develop the youngest members of the team. Alex will be joined by senior swimmers Emily Boland (Maret School), Sarah Dibble (Georgetown Visitation), KC Linn (Hart High School – Santa Clarita), Steven Lee-Kramer (Phillips Academy – Andover), Will McDonnell (Gonzaga), Maggie Moriarty (Georgetown Visitation), Peter Murray (St. Stephens & St Agnes), and Molly Welch (McLean).

Social

The Social Committee welcomes you to another fantastic and fun summer at Chesterbrook. We have planned several events for the upcoming season and invite all pool members to join us in celebrating the joys of summer.

Adult Sunday Brunch

A light brunch will be provided during the adult swim on Sundays from 11:00 a.m.-Noon. Bring your Speedo, goggles, swim fins, cap and towel and join us for a continental breakfast by the pool. Sunday brunches begin June 10.

Raft Parties

Raft parties give our youngest swimmers the opportunity to bring their inflatable pool toys and enjoy them in the upper pool. Pizza, drinks and a frozen dessert are provided for a nominal fee. Raft parties are planned for **Wednesday, June 27, and Thursday, July 26.**

Adult Party and Casino Night

Don't even think about going to Las Vegas this summer, just come to the annual Chesterbrook Adult Party and Casino Night. On **Saturday, June 30**, get ready to enjoy margaritas, a catered dinner and exciting card games. Poker chips provided by the social committee at no extra expense to the guest...it really doesn't get any better than that. But, yes it does! We will have a live band to get the party rocking. This event is open to all adult members of the pool, so please join us and kick back for a relaxing evening.

Family Party

On **Saturday, July 7**, we will host the annual Family Party and Hula Hoop Swing-Off. As our senior swimmers and divers enjoy their Progressive Dinner, families will gather at the pool for a catered dinner and music provided by an awesome D.J. But, this event is not just for swim team families; all families are invited to participate in a night without cooking or washing dishes!!

TGIF

TGIF goes without saying; Friday is a long awaited day of the week, especially on Monday! The Upper Pump House Deck will be reserved on Friday evenings beginning June 22 for adults to kick back and relax from the work week. Attendees are asked to bring their favorite appetizer to share. Beer, wine and soft drinks will be provided by the Social Committee for a nominal fee on the following Fridays:

June 22

July 6

July 20

August 3

We are looking for volunteers to set-up and provide beverages (reimbursable through the Social Committee) on other Fridays. Please check for a sign up sheet at the front desk once the pool opens.

Flyers and posters for each party will be displayed at the pool as each event nears. Please watch for more details. Remember, we can't do it alone; the Social Committee will need volunteers to help with set-up and clean-up for many events. So, if you're planning to attend, plan to volunteer for a short time. Thanks in advance for your support and help. We look forward to celebrating the season of summer with our pool family.

Mary Lou Spear and Susan Cole



Dive Team News

Diving Dolphins Flip into 2007!

If you like to tumble, cartwheel, play on a trampoline, and, of course, jump off of the diving board, then the Dive Team is the place for you! The coaches, Nina Avis, Lydia Mendelson, and Martin Brown, are planning a dynamite year for all of the returning Dolphins and the new members of the team. How do you join? Come see what the Dolphins are all about at Back to Pool night, fill out and mail the registration sheet, and mark your calendar for the first dive practice! Below are some need-to-know basics for the dive team:

Dive Reps: Julie Avis – (703) 751-0251

juliesavis@comcast.net

Melissa Brown – (703) 847-4622

melissabrown01@verizon.net

Coaches: Head Coach: Nina Avis

Assistant Coach: Lydia Mendelson

Assistant Coach: Martin Brown

Practice:

Practice sessions are devoted to improving skills and learning the required dives for each diver's age group. We have done our best to coordinate with the swim and tennis programs so that practices and competitions do not conflict. Exact practice times will be published in the handbook. With the addition of a second 1 meter board, practices should be even more fun and efficient than ever before. Please arrive to dive practice with two dry towels and sunscreen already applied.

Getting Started:

All new divers need to come to any Saturday practice during the pre-season to meet with the coaches. The coaches will evaluate your skills and place you in the appropriate practice session. Practice time is 9:30–11:00 a.m.

Meets:

The regular season consists of five Tuesday night "A" meets and several Thursday night developmental "B" meets. Dive meets start at 6:00 p.m., with a warm-up session beforehand (3:45 p.m. for home meets and 4:45 p.m. for away meets). In addition to dual meets, our divers

compete in the NVSL Division II Individual Championships, The Wally Martin Memorial 3M Championship, and the NVSL All Stars Championship.

Suits:

The Dive Team has a new suit this year, the "Wave Runner" by Speedo, available at Back-to-Pool night and at Sport Fair. Boys may wear the traditional brief or the longer "jammer." Boys may not practice or compete in trunks.

T-Shirts:

A Dive Team t-shirt is included in the cost of registration. Please be sure to mark your size on the registration form. Additional t-shirts will be available for purchase while supplies last.

Parental Involvement:

Running a Dive Team takes many hands; as a result, we require parents of divers to help with running the meets and organizing social events. Judges, table-workers and announcers get the best view of the meets, and volunteering for one of these jobs is a great way to find out more about the sport. A special get-together is planned for Friday, June 1, at the Brown's house (1601 Maddux Lane) at 6:30 p.m. to provide you with more information.

Registration:

Registration may be accomplished at Back-to-Pool Night or by mailing forms and fees to:

Julie Avis, Dive Rep
415 N. Nelson Street
Arlington, VA 22203

Forms and fees are due prior to children participating in the program. Please make checks payable to Chesterbrook Swim and Tennis Club and note "dive team dues" in the lower left corner of the check.

Mark Your Calendar

Saturday, April 21st: Bowling Party – 2:30 Ft. Myers
Friday, June 1st: First Practice, Parent, Coach,
Dive Rep, Get-to-Know-You Party
Thursday, June 21st: Lollipop Meet
Tuesday, June 26th: CB vs. Old Keene Mill (away)
Thursday, June 28th: 10:00 a.m. Team Photos
Intra-squad B Meet
Tuesday, July 3rd: CB vs. Ravensworth (home)
Thursday: July 5th: B Meet CB
Tuesday, July 10th: CB vs. Tuckahoe (home)
Thursday: July 12th: B Meet Arlington Forest @ CB
Sunday, July 15th: Wally Martin 3M at Tuckahoe
Tuesday, July 17th: CB vs. Lee Graham (away)
Thursday, July 19th: B Meet Overlee @ CB
Sunday, July 22nd: Crackerjack Meet Invitational
– Cardinal Hill
Tuesday, July 24th: CB vs. Arlington Forest (home)
Sunday, July 29th: Divisionals – Lee Graham
Dolphins Awards Ceremony
Sunday, August 5th: All Stars – Hayfield Farm

Water Aerobics

Stay cool in the pool and still get a good workout! Summer water aerobics is back again, so come to the pool and see what everyone is talking about.

Classes begin on Sunday, June 17, at noon, as well as weekly on Tuesday and Thursday nights at 7:30. Cost is \$6 a class, or buy a book of 5 tickets for \$30.

No prior experience necessary. Just bring a towel, pool shoes if you got 'em and meet us at the upper pool. If you need more information call Beth Lehnert at 703-356-5841 or email me at byte.me@erols.com

Chesterbrook Cheetahs Tennis 2007 Season

We are fired up about this summer's tennis program and invite all members come out to play this year. We have tennis programs for all levels of play. Please come out and meet our pro and participate in our programs.

Christian Canepa will return as the Head Tennis Pro and he will be assisted by Joe Golding. Joe acted as a Junior Pro last year, and did an outstanding job. This year he moves up the rank to Assistant Pro. He is a wonderful addition to our coaching staff and we look forward to working with him.

2007 TENNIS COMMITTEE:

Tennis Reps:

Allison Moore, 703-532-0039, allisonmoore1@cox.net
(Juniors)

Murthy Kambhampaty, 703-241-7713,
cheetahRep@majck.com (Adults)

Adult Tennis:

Chesterbrook has one Women's team, two Men's teams, and a Mixed Doubles team that participate in league competition. Below is the schedule for these teams. If you are interested in participating, please contact the appropriate captain, from the list below.

Men's A Team, Level 4.0 - 5.0; Saturday AM matches;
Roy Lavick, Captain; 703-533-0585

Men's B Team, Level 3.0 - 4.0; Wednesday PM matches;
Marty Huppert, Captain; 703-237-6279,
martybar@twstl.com

Women's Team, Level 3.0 - 4.0; Monday PM matches; Sue
Jewett, Captain; 703-448-1324, suej37@verizon.net

Mixed Doubles Team; Friday PM matches; Marty and Sue, Co-Captains

Adult League competition begins the week of April 23rd. Team practices begin the week of April 9th. The Men's practices are on Monday evenings from 7:00-8:30 pm. The women's practices are scheduled for Wednesdays 7-8:30 pm. The weeks that either team has a home match, Thursday will serve as a bump date for the missed practice. Please find a registration form for the Adult tennis team enclosed. This form can also be found on the Chesterbrook club website. Please bring your registration form and dues of \$50 to the first practice of the season. You MUST register and pay your dues BEFORE you can play in a match. Registration fee includes 9 practices with the Pro, league registration dues and supplies. Detailed match schedules can be found on the Chesterbrook web site and at the tennis gazebo and will be emailed to registered team members.

Social Tennis:

Are you looking for a fun way to spend your Sunday afternoons? Please join us for Mixed Doubles Socials, from 4-6pm. Look for more information at the pool and on the gazebo about specific dates for these upcoming events. Sign up sheets will be posted on the tennis gazebo a week ahead of each Sunday Mixed Doubles social. Keep your eyes open for more information at the club for more details!

Everyone mark your calendars on June 24th for a Family Fun Day from 3-6pm. Kids and adults alike will have the chance to participate in a variety of games (beat the pro, clock your serve, scavenger hunt to name a few), demo racquets and compete with others in their age group. Please plan to stay for our potluck/barbeque from 5-6pm. More details to follow!

Junior Tennis

Our organizational meeting for junior tennis is Thursday, May 17th, 7:00 pm in the Chesterbrook Elementary School cafeteria. You will be able to register for the tennis team, purchase a team T-shirt and say hello to Chris Canepa, our head Pro. SEE YOU THERE!!

Junior Tennis Team:

The junior tennis team practices focus on rules, strategy and competition. Our team of coaches will conduct volley, serve and skill specific clinics during the course of the week. It is always a good idea to supplement the practices with individual lessons! Our coaching staff, headed by Chris Canepa, will create a tennis ladder at the start of the season, with results posted at the tennis gazebo. Registration for the season is \$50.00. Team T-shirts are \$15.00. Please complete the enclosed form and mail it to Allison Moore or bring it and your check to the Back to Pool night

on May 17th. Checks should be made out to Chesterbrook Swim and Tennis Club.

2007 Summer Schedule:

Junior practices begin on Mon. June 4th. Pre-season practices are scheduled on M/W/F from 4-6 pm (all ages). Junior Regular Season practices begin June 18-July 18th, M-F, from 3-6 (by age groups), except for match days which are on Tuesdays and Thursdays at 3 pm. You must arrive at the match by 2:30 pm.

Thursday, June 21 is our first match. After that, practices are as follows:

3:00	12 and under	M-F
4:00	13-14	M-F
5:00	15-18 year olds	M-F

The schedule of matches for the 2007 junior season is as follows:

TH: June 21, June 28, July 5, July 12, July 19

TU: June 26, July 10

Please consult the tennis handbook available at back to pool night for more tennis team details!

Developmental Programs:

As in previous seasons, Chris offers a wide range of clinics for all ages and levels. Chris is available for private lessons throughout the tennis season. Adult clinics may be arranged if members are interested. Please call Chris at 571-434-1992 or email clctennispro@msn.com. See the list of clinics and registration form enclosed.

Court Rules and Regulations:

Again, this year a few reminders:

- A court may be reserved for singles for 1 hour and for doubles for 1 1/2 hours. Only one reservation may be made at a time. Once a reservation time has been played, another may be scheduled.
- Keys may be purchased for \$5.00 from Allison Moore.
- Please close the gate after you leave the court.
- Turn off the lights after you finish playing at night.
- Keep the courts clean; throw away your trash.
- Shirts must be worn at all times.
- No rollerblading or skateboarding or playing lacrosse on the courts.
- Only tennis shoes with non-marking soles may be worn on the courts.
- The guest fee is \$5.00 and is payable at the Club house.
- The use of foul language is prohibited.

Tennis Updates:

Please keep this issue of the Smash & Splash handy since it contains detailed information about all of the tennis programs. Also check the gazebo regularly for announcements. Sign up sheets for reserving court time and for all tournaments will be located there.

As always, we welcome any comments or suggestions

regarding our tennis programs. We need volunteers for the Junior tennis team. To make this a successful season we need a parent volunteer for organizing the carpool and the snacks. Please contact Allison Moore if interested.

Summer Jobs

NOW RECRUITING

Are you interested in working as a lifeguard, at the front desk, or snack bar? We are in the process of filling these positions. I have already heard from several people interested in joining or returning to the Chesterbrook staff this summer. I hope you will consider a position as well.

GUARDS:

As usual, we are looking for both new and experienced guards. Again this summer there will be a starting rate for new guards and a return-incentive rate (for each year of service) for guards who have worked with us in past summers.

FRONT DESK AND SNACK BAR:

We are seeking four primary candidates for each area that will work a regular shift through the summer. We will also have two or three people who can work as substitutes, as needed, for vacations and unexpected events.

If you are interested in having fun this summer, being part of the team and getting paid, please send an e-mail as soon as possible to Candy Penn at: mcpenn@cox.net. Please be sure to include your name, address, telephone number, age, area of interest, and whether or not you have worked before at Chesterbrook. Mike Duffner or I will be contacting people toward the end of April, and we will hold a meeting on a weekend in early May to explain more, and fill positions. So don't delay -- write today!

Candy Penn

Looking for Potential Board Members

Beginning 2007 four positions on the current board will become vacant including one officer position (vice president) one dive, membership, and one swim rep. If you are interested in participating on the board next year, please feel free to contact any of the current board members. A nominating committee for the 2008 board will be identifying candidates later this year. You must be a full member to serve on the board, and the new members will be voted on at the annual meeting in December. Board Members do not pay annual dues and serve for three years.

2007 Chesterbrook Team Triathlon – Volunteer Opportunity

We hope to repeat our Chesterbrook Team Triathlon for adults this summer, **but need a volunteer if we're do it again in 2007**. As we did last year, we'd like to have mixed teams of four adults who will keep track of their progress when swimming, running or cycling (treadmills and exercise cycles will count!). We'll also include other aerobic exercise/machines, such as rowing, cross-training or Stairmaster. We'll count minutes of activity (without asking how fast you were going). We plan to keep the maximum at 2,500 minutes for the whole month to allow flexibility in the timing of your exercise. The Triathlon will run from July 1 to July 31, with a "team meeting" kickoff at a TGIF in late June and ending with a celebration at one of the August TGIF's or Sunday brunches. Watch for signs and handouts at the pool in June – if we have a volunteer coordinator. Do it with a friend who can share the job. It's a lot of fun and great way to stay in shape through the summer. **Please contact Jim Dykstra at 703-893-2912 or at jdykstra@edingtonpeel.com if you would like to volunteer.**